

REGISTRATION

\$425 fee. Deadline for registration is two weeks prior to course. Cancellation will be accepted until that deadline, minus an administration fee of \$75. **NO REFUNDS AFTER DEADLINE.**

Please make check payable and return to:

Education Resources, Inc.

266 Main St., Suite 12 • Medfield, MA 02052
(508) 359-6533 or 800-487-6530 (outside MA)
FAX (508) 359-2959 • www.educationresourcesinc.com

Limited enrollment

REGISTRATION FORM

Vestibular Rehabilitation/Walter

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE (home) () _____

PHONE (work) () _____

EMAIL _____

Please clearly print your email address for course confirmation

no email address

EMPLOYER _____

DISCIPLINE _____ SPECIALTY _____

LICENSE NO. _____

ERI Rewards. I am registering for my 4th course since September 2002 and applying \$100 credit to the tuition. Must be applied at the time of registration. Subject to availability.

Please indicate course location:

Feb/IL Apr/NJ May/NY

Jul/OR Oct/NH

I hereby authorize you to charge my: VISA MC DISCOVER

Exp. Date _____ Signature _____

CVV2 code _____ (last 3 digits on back of card).

Cardholder's name & billing address with zip code if different from above.

I have read your refund policy above and understand.

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

LOCATION & ACCOMMODATIONS

Please visit our website for a listing of overnight accommodations

February 27-28, 2009 - Illinois

Good Samaritans's
Health and Wellness Center
3551 Highland Avenue
Downers Grove, IL

April 25-26, 2009 - New Jersey

Somerset Medical Center
110 Rehill Avenue
Somerville, NJ

May 29-30, 2009 - New York

Burke Rehabilitation Hospital
785 Mamaroneck Avenue
White Plains, NY

July 17-18, 2009 - Oregon

Providence St. Vincents
9205 SW Barnes Rd
Portland, OR

October 29-30, 2009 - New Hampshire

Catholic Medical Center
100 McGregor Street
Manchester, NH

TESTIMONIALS

"Jeff Walter is an exceptional presenter and advocate for the promotion of vestibular and balance rehabilitation. His clear presentation and evidence-based principles applied to this course make the course directly applicable and useful to any clinician interested in vestibular rehab." - **Justin Snyder PT**

"Excellent speaker, very knowledgeable about topic and information..... clearly organized in text and in seminar." - **Tina Cincera MS, OTR/L**

VESTIBULAR REHABILITATION Evaluation and Treatment of Dizziness and Balance



Jeffrey Walter, PT, DPT, NCS

February 27-28, 2009 - Downers Grove, IL

April 25-26, 2009 - Somerville, NJ

May 29-30, 2009 - White Plains, NY

July 17-18, 2009 - Portland, OR

August 28-29, 2009 - TBA

October 29-30, 2009 - Manchester, NH



sponsored by

Education Resources, Inc.

The Leader in Continuing Education

www.educationresourcesinc.com

(508) 359-6533 or (800) 487-6530 (outside MA)

COURSE DESCRIPTION

This evidence-based course will train clinicians in the practical management of vestibular disorders. The course will include instruction in anatomy and physiology, medical management, pathology, detailed bedside examination and treatment skills. The material will be presented in a lecture, lab and video case study format. Competence in the performance of a comprehensive office / bedside examination and treatment skills will be addressed in a lab format. The seminar is intended to enhance the clinician's ability to evaluate the appropriateness and effectiveness of VRT for vestibular disorders. Practical application of VRT to a variety of practice settings (outpatient, acute care, SNF, ER) will be discussed. An emphasis will be placed on the management of BPPV variants and vestibular hypofunction.

COURSE OBJECTIVES

- Perform a detailed bedside vestibular and balance examination
- Based on patient history and bedside examination, identify the specific features of:
 - o Peripheral vestibular disorders
 - o Central vestibular disorders
 - o Non-vestibular dizziness
- Recognize typical characteristics of peripheral vestibular vs. central-etiology nystagmus
- Identify appropriate standardized assessment tools for use in vestibular rehabilitation
- Prescribe rehabilitation programs to address adaptation and compensation for vestibular dysfunction
- Identify specific variants of BPPV and perform appropriate canalith repositioning maneuvers
- Identify indications for further diagnostic testing / medical referral

CREDITS

This course meets the criteria for 13 contact hours (1.3 CEU's). Application has been made to the Illinois Physical Therapy Association, the New Jersey Board of Examiners, and to NYSCEPT.



Approved provider of continuing education by the American Occupational Therapy Association #3043 for Contact Hours. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT Professional Development Provider.

SCHEDULE DAY ONE

7:30-8:00	Registration and Continental Breakfast
8:00-10:15	Detailed Anatomy and Physiology of the Vestibular and Balance System
10:15-10:30	Break
10:30-12:00	Vestibular Disorders and Management Options <ul style="list-style-type: none">a. Unilateral Disorders: vestibular neuritis, labyrinthitis, vestibular schwannoma, superior canal dehiscence, anterior vestibular artery ischemia, Meniere's disease, perilymph fistulab. Bilateral Disorders:c. Central Disorders: MS, CVA (AICA, PICA and Basilar), Chari Malformation, Cerebellar Degenerative Disorders
12:00-1:00	Lunch (on your own)
1:00-3:45	Bedside / Office Examination combined lecture / practicum with video case studies Oculomotility / stability screen, multi-directional head impulse testing, head shake, hyperventilation, static vs. dynamic visual acuity, CTSIB, DGI, Fukuda Step Test
3:45-4:00	Break
4:00-5:00	Vestibular and Balance Rehabilitative Treatment Strategies <ul style="list-style-type: none">a. Rehabilitation Evaluation including assessment of postural controlb. Vestibular Compensation Trainingc. Review of evidence
5:00-5:30	Video Case Studies

SCHEDULE DAY TWO

7:30-8:00	Continental Breakfast
8:00-8:45	Non-Otogenic Dizziness and Imbalance: Migraine, Anxiety, Vertebral Basilar Insufficiency, Mal de Debarquement, Cervicogenic Dizziness, Postural Hypotension, Phobic Postural Vertigo, Psychogenic Dizziness
8:45-12:00	Benign Paroxysmal Positional Vertigo Pathophysiology, Identification of Variant Forms, Canalith Repositioning Maneuvers, Management Guidelines, Efficacy Review
12:00-1:00	Lunch (on your own)
1:00-1:30	BPPV Practicum: <ul style="list-style-type: none">a. Examination: Hallpike Roll, Sidelying Testsb. Maneuvers: Modified Epley, Semont, Gans, Appiani
1:30-2:15	BPPV: Video Case Examples
2:15-2:45	Case Study: Clinical Assessment, Case Problem Solving, Full Treatment

A fifteen minute break will be scheduled during the morning session

FACULTY

Jeff Walter PT, DPT, NCS practices vestibular and balance rehabilitation at Geisinger Medical Center in a variety of settings including: outpatient rehabilitation, emergency department, acute care, and inpatient rehabilitation. Jeff is an associate faculty member at Misericordia University, Department of Physical Therapy. Jeff is a graduate of the University of Wisconsin and has attained competency certification in "Vestibular Rehabilitation" and "Vestibular Function Test Interpretation". Since 1999, Jeff has lectured at numerous professional conferences, universities and continuing education courses for audiologists, physicians and therapists involved in managing patients with dizziness and imbalance. Jeff has developed a teaching website "www.vestibularseminars.com" designed to provide information to assist clinicians in the management of dizziness and imbalance.