REGISTER BY FAX OR MAIL

Early registration is encouraged. Participants should await email confirmation of registration prior to making travel arrangements.

$350.00 tuition made payable by check to:
“Vestibular Seminars”

Mail to: Vestibular Seminars
500 Orange St
Northumberland, PA 17857

Website: www.vestibularseminars.com
Fax: 1-888-380-0486
Email: vestibularseminars@gmail.com

Phone: 570-204-7534

Name: ________________________________
Address: ________________________________
______________________________________________________________________________
Title: _____ License # ___________
Email: ________________________________
Cell Phone: (___) _____ - ______
Location: Check one
____ Tucson, AZ (Feb 13-14)
____ Scottsdale, AZ (Feb 27-28)
____ Henderson, NV (Mar 19-20)

Course Description:
This evidence-based course will train clinicians in the practical management of vestibular disorders. The course will include instruction in anatomy and physiology, medical management, pathology, detailed bedside examination and treatment skills. The material will be presented in a lecture, lab and video case study format. Competence in the performance of a comprehensive office / bedside examination and treatment skills will be addressed in a lab format. The seminar is intended to enhance the clinician’s ability to evaluate the appropriateness and effectiveness of vestibular rehabilitation therapy (VRT) for common vestibular disorders. Practical application of VRT to a variety of practice settings (outpatient, acute care, SNF, ER) will be discussed. An emphasis will be placed on the identification and management of BPPV variants.

Objectives/Learning Outcomes:
- Perform a detailed bedside vestibular & balance examination
- Based on patient history and bedside examination, identify the specific features of:
  - Unilateral vestibular disorders
  - Bilateral vestibular disorders
  - Central vestibular disorders
  - Non-vestibular dizziness
- Recognize typical characteristics of peripheral vestibular vs. central-etiology nystagmus
- Prescribe rehabilitation programs to address adaptation and compensation for vestibular dysfunction
- Identify specific variants of BPPV and perform appropriate canalith repositioning maneuvers
- Identify indications for further diagnostic testing / medical referral
- Recognize the clinical significance of vestibular diagnostic studies

VESTIBULAR REHABILITATION THERAPY:
PRactical MANAGEMENT OF THE PATIENT WITH DIZZINESS

JEFF WALTER PT, DPT, NCS

Feb 13-14, 2016: Tucson, AZ
Healthsouth Rehab Hospital of Southern Arizona (Tucson)
1921 W Hospital Drive
Tucson, AZ  85704

Feb 27-28, 2016: Phoenix, AZ
Healthsouth Scottsdale Rehab Hospital
9630 E Shea Blvd
Scottsdale, AZ 85260

Mar 19-20, 2016: Las Vegas, NV
Healthsouth Rehabilitation Hospital of Henderson
10301 Jeffreys St
Henderson, NV  89052
Saturday

7:30 - 8:00  Registration
8:00 - 10:15  Detailed Anatomy and Physiology of the Vestibular and Balance System
10:30 - 12:00  Vestibular Disorders and Management Options
   a. Unilateral Disorders: vestibular neuritis, labyrinthitis, vestibular schwannoma, superior canal dehiscence, anterior vestibular artery ischemia, Meniere’s disease.
   b. Bilateral Disorders
   c. Central Disorders: MS, CVA, Chari malformation, Cerebellar Degenerative Disorders, TBI
12:00 - 1:00  LUNCH
1:00 - 2:15  Vestibular Disorders and Management Options (Cont)
2:15 - 3:30  Systems Review, Non-Vestibular Causes of Dizziness, Red Flags, Vestibular Lab Testing
3:45 - 5:30  Bedside Vestibular Examination
Including spontaneous, gaze evoked, pursuit, saccade, multi-canal head thrust, dynamic visual acuity, head shake, hyperventilation, mastoid vibration, Fukuda Step, CTSIB, and gait testing

Sunday

8:00 - 9:00  Bedside Vestibular Examination (cont)
9:00 - 10:15  Vestibular Rehabilitation to address vestibular loss:
   Gaze stabilization and balance training
10:30 - 12:00  BPPV
   a. Epidemiology
   b. Pathophysiology
   c. Risk Factors
   d. Differential Diagnosis
   e. Algorithm Review
12:00 - 1:00  Lunch
1:00 – 2:00  BPPV Practicum
   a. Examination: Hallpike, Roll, Sidelying Tests;
   b. Maneuvers: Modified Epley, Semont, Kim, Gufoni,
2:00 – 3:15  BPPV Video Case Studies

The intended audience includes occupational / physical therapists and assistants, audiologists, and physicians. Application submitted / approval pending for 14 contact hours (AzPTA: category A). This course has been approved by the Nevada State Board of Physical Therapy Examiners for 1.5 Renewal Units / 1.68 Total Units. A certificate will be issued at the conclusion of the course only.

Jeff Walter PT, DPT, NCS is the Director of the Otolaryngology Vestibular and Balance Center at Geisinger Medical Center. He is adjunct faculty at Misericordia University and the University of Scranton. Jeff has lectured at professional conferences, universities and continuing education courses for audiologists, physicians and therapists involved in managing patients with dizziness and imbalance since 1999. He developed a teaching website “www.vestibularseminars.com” designed to provide information to assist clinicians in the management of dizziness and imbalance.

Questions regarding course registration should be directed to Gretchen @ (570)-204-7534. Inquiries concerning course content may be directed to Jeff Walter @ (570) -850-3967 or email vestibularseminars@gmail.com